

BIOENERGETIC SCAN REPORT

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Using bioenergetic testing, your hair and saliva samples were checked for energetic stressors related to food and environmental sensitivities, hormonal and nutritional imbalances, resonating toxins (parasites, heavy metals, mold, chemicals, viruses, bacteria) and more.

The following report shows prioritized energetic imbalances and areas of support. It is important to remember that bioenergetic testing does not replace conventional medical tests and it is not intended to diagnose, treat, cure or prevent any disease. This information is designed for educational purposes only and are not intended to be used as medical advice.

AREAS OF STRESS

This page shows the systems, organs, glands and tissues that resonated out of balance.

AREAS OF PRIORITY

COLON



Symptoms may include: Bowel movement disturbance, cramps, colitis, constipation, chrohn's disease, watery diarrhea, diverticulitis, irritable bowel syndrome.

Emotional aspect: The colon meridian is part of the Metal element in Traditional Chinese Medicine, together with lungs, skin, and mind. The colon is where we hold onto waste, ready to be released from the body. As such, this organ also represents our ability to let go of what no longer serves us. Issues around perfectionism and self-esteem can also affect colon.

THYROID



Symptoms may include: Metabolic issues, cold hands or feet, fatigue, constipation, unable to tolerate cold, dry-coarse skin, sparse-coarse hair, low body temperature, or iodine deficient.

Emotional aspect: Associated with the throat chakra. Lack of expression of emotions. Eg: pushing down emotional needs to do what one thinks is their duty. Thyroid sits at the junction between the body and the mind. Desire to separate body and mind, so as not to have to deal with deep feelings held by the body. Fear of responsibility - desire to stay as a child, in a carefree and disconnected state. This may present as a pattern of staying overly busy to avoid responsibilities. Depleted energy, leading to depression and tiredness, can be connected to a depressed will to live or a wish to emotionally hibernate.

STOMACH



Symptoms may include: Gastritis, peptic ulcer, hiatal hernia, bloating, B-12 deficiency, low red blood cell production, or other digestive disorders.

Emotional aspect: Digestion symbolizes the ability to absorb what we need and to let go of what we do not need. Stomach energy can represent whether we are feeding ourselves and others, there can be a constant craving, a longing to fill hidden needs, or a strong denial and rejection of those needs. The stomach is where we harbor worry - the digestive enzymes churning with anxiety - until we can no longer stomach what is happening. It is common for food to be used to pacify uncomfortable emotions.

ADDITIONAL AREAS OF STRESS:

TEETH



Symptoms may include: Infection, decay, pain or discomfort in associated area, blocked meridian pathway, blocked peripheral nerve, gum disorders, or impacted tooth.

Emotional aspect: Teeth develop at the stage of life when we begin to crawl, a time when we are developing our own identity and independence from the mother. Teeth can be associated with issues such as dependence and asserting independence. Also involved in communication. While we can speak without teeth, what we are saying may not be so clearly understood. Through the teeth, we bite down when we need to protect ourselves.

FOOD AND ENVIRONMENTAL SENSITIVITIES

Your samples were scanned against over 800 environmental and food items. The results suggested to limit exposure to the following food and environmental items for at least 30 days. You can then slowly add in one item at a time and take note of how you feel. Alternatively we recommend to retest to see if any sensitivities have improved or dropped from your results.

Most affected by: Sodium Sulfate

ANIMAL DANDER/PESTS <ul style="list-style-type: none">• Dog• Dust mites	ENVIRONMENTAL <ul style="list-style-type: none">• Fertilizer• Microwaves• EMFs	CHEMICALS <ul style="list-style-type: none">• Solvents• Pesticides	MATERIALS <ul style="list-style-type: none">• none
DAIRY/ALTERNATIVES <ul style="list-style-type: none">• Butter• Margarine	MEAT/POULTRY <ul style="list-style-type: none">• none	SEAFOOD <ul style="list-style-type: none">• Crayfish• Shellfish	NUTS/SEEDS <ul style="list-style-type: none">• Peanuts• Almonds• Sesame Seeds
VEGETABLES <ul style="list-style-type: none">• Broccoli• Cauliflower• Zucchini	FRUITS <ul style="list-style-type: none">• Plum• Grapes• Grapefruit• Figs	OILS/FATS <ul style="list-style-type: none">• Sunflower Oil	GRAINS <ul style="list-style-type: none">• White Rice• Barley
SPICES/HERBS <ul style="list-style-type: none">• none	SUGARS/SWEETENERS <ul style="list-style-type: none">• Cane Sugar• Honey	ADDITIONAL INGREDIENTS <ul style="list-style-type: none">• Sodium Sulfate	BEVERAGES <ul style="list-style-type: none">• Coffee

NUTRITIONAL IMBALANCES

Your hair and saliva samples were tested for resonating energetic imbalances in key vitamins, minerals, amino acids, enzymes, and fatty acids. Keep in mind that deficiencies can stem from many factors such as stress, diet, lifestyle, poor digestion/absorption, lack of enzymes and your individual toxin burden. Below each item you find a brief educational resource and a list of food sources you can focus on in your diet.

Please be advised that this is a general list that could include items that are listed as resonating sensitivities on the previous page, therefore, please take note and exclude those items from your diet.

VITAMINS

B9 - FOLIC ACID - LOW/SUPPLEMENT OR INCREASE DIETARY INTAKE

Essential for synthesis of genetic material, protein metabolism, health red blood cells, bones and hear, nervous system, digestive and immune function.

Food Sources: Chicken liver (cooked), lentils, asparagus, spinach, black eyed peas, beef liver, broccoli, beets, romaine lettuce, cauliflower, Bok choy, kidney beans, navy beans, peanuts, papaya, avocado, brussels sprouts ,wheat bran, cabbage, squash, sunflower seeds, oranges, walnuts.

B5 - PANTOTHENIC ACID - LOW/SUPPLEMENT OR INCREASE DIETARY INTAKE

Essential for the release of energy from food, cholesterol and fatty acid metabolism, healthy red blood cells, immune system, health adrenal gland function, nervous system.

Food sources: shitake and cremini mushrooms, avocados, sweet potatoes, beef, eggs, cauliflower, broccoli, bell peppers celery, cucumber, kidney beans, liver, lobster, nuts, pork, royal jelly, saltwater fish, yeast, whole rye flour, whole wheat, raspberries, raw milk, carrots, oranges, cranberries, winter squash, spinach.

VITAMIN D - UTILIZATION ISSUE

Fat soluble vitamin and hormone. Essential for the absorption and use of phosphorus and calcium. Necessary for healthy immune and nervous system function. Used in regulation of some hormones and normal cell growth. Manufactured in skin through the action of sunlight.

Food sources: fish liver oils, fatty saltwater fish like mackerel, halibut, oyster, salmon, sardines and tuna, raw dairy, cheese eggs.

MINERALS

PHOSPHORUS - UTILIZATION ISSUE

Major mineral absorbed in Small intestine – Commonly low for people with digestive disorders. Necessary for cells, kidney function, helps maintain blood alkalinity, bone and tooth formation, aids absorption of other nutrients, like B vitamins. Helps metabolize protein, carbohydrates and fats. Part of the ATP molecule which acts as an energy reservoir in cells.

Food sources: Plant sources are better absorbed. Abundant in scallops, cod, cremini mushrooms, sardines, tuna, pumpkin seeds, salmon, lentils, shrimp, turkey, chicken, beef, yogurt, oats, green peas, broccoli, raw milk, asparagus, brussels sprouts, mustard greens, sunflower seeds, sesame seeds, brown rice, cashews, cheese.

NUTRITIONAL IMBALANCES

AMINO ACIDS

GLUTAMINE- LOW/SUPPLEMENT OR INCREASE DIETARY INTAKE

Nonessential amino acid involved in sustaining proper brain function and mental activity. Can pass through the blood brain barrier acts as a primary source of fuel for the brain and various cells of the immune system. Glutamine helps protect the muscle proteins against stress or trauma. Plays a role in DNA synthesis. Helps to maintain proper PH balance, clears ammonia from the tissues.

Sources: bone broth, grass fed whey protein, raw dairy, beef/bison, spirulina, cabbage, asparagus, broccoli, venison, organic poultry.

ISOLEUCINE - UTILIZATION ISSUE

Essential Branch chain amino acid, most needed for muscle and skeletal health. Deficiency can mimic hypoglycemia. Fatigue, anxiety, irritability, twitching, irregular heart rhythm. Cannot be produced by the body.

Sources: fish, pork, other meats, dairy, eggs, legumes, peanuts, peas.

FATTY ACIDS

GLA (GAMMA LINOLENIC ACID) - UTILIZATION ISSUE

GLA is a plant-derived omega-6 most abundant in borage seeds and also found in Evening Primrose oil and black currant seed oil and Spirulina. GLA can also be manufactured by the body from Omega-6 or Linoleic acid, but the conversion process is not a very efficient or effective way to get GLA. New research reveals this nutrient's power to combat chronic inflammation, eczema, migraines, asthma, strengthening finger nails, dermatitis, rheumatoid arthritis, atherosclerosis, diabetes, maintaining weight loss, obesity—even cancer!

Having enough of certain nutrients in the body (including magnesium, zinc, and vitamins C, B3, and B6) helps promote the conversion of GLA to DGLA

ENZYMES

CELLULASE - UTILIZATION ISSUE

An enzyme that assists in breaking down fiber and other nutrients. Cellulase also helps break down cellulose into glucose, providing a source of supplemental energy.

HORMONAL IMBALANCES

Your hair and saliva samples were tested for resonating hormonal imbalances. Keep in mind that imbalances can stem from many factors such as stress, diet, lifestyle, poor digestion, lack of enzymes and your individual toxin burden. Next to each hormone you will find a brief explanation of the role of each hormone and potential symptoms of their imbalance.

LOW ALDOSTERONE

May cause symptoms, like fatigue, brain fog, salt cravings, dizziness, irregular blood pressure

How to improve: avoid salt, eat potassium rich foods, drink licorice root tea, exercise more

HIGH ESTROGEN

May present symptoms, like bloating, painful and swelling breasts, low libido, headaches, mood swings, fibrocystic breasts, weight gain (especially around hips and thighs), fatigue, poor memory, trouble sleeping, all issues get worse around menstrual cycle

How to improve: stop eating/drinking out of cheap plastic containers, eat organic or wash produce well to avoid pesticide toxicity, eat more fiber, reduce carbs, increase fats and proteins, start an exercising plan, eat a lot of cruciferous veggies/leafy greens, take magnesium and/or vitamin E, drink green tea, reduce alcohol consumption

LOW GROWTH HORMONE

Adults start producing less and less at age 25: anxiety and/or depression, baldness (in men), low libido, decreased muscle mass and strength, difficulty concentrating, dry skin, fatigue, weight gain around the waist)

Kids delayed puberty, increased weight around face/stomach, slow tooth development, sluggish hair growth

How to improve: exercise, get plenty of sleep as that is when it is produced, take L arginine, reduce sugar, try intermittent fasting (as long as they do not have significant blood sugar issues), don't eat before bed as that will inhibit production, take L-Ornithine at bedtime

LOW TESTOSTERONE

May cause symptoms, like low libido, low energy, foggy brain, poor sleep, poor lean muscle mass, difficult to lose weight

How to improve: do short fast burst of exercise/interval training (best way to increase), minimize stressful situations, get plenty of sleep, take vitamin D, drink ashwagandha or ginger tea, take L-Carnitine

RESONATING TOXINS

Your hair and saliva samples were scanned against thousands of different types of bacteria, chemicals, metals, mold, parasites, and viruses. The items listed on this page show your energetic exposure to that toxin pattern. This is not a diagnosis nor to be used as medical advice.

Please note, that you will be able to discuss these resonating toxins during your consultation with your practitioner.

AREAS AFFECTED BY RESONATING TOXINS



Brain: Fungal toxins, Chemical Toxins, Lyme Bacteria Toxins



Sinuses: Tree/grass pollen antigens, Viral Toxins



Adrenals: Parasite and Bacterial Toxins



Intestines: Viral and Vaccination Toxins



Stomach: Parasite Toxins

RESONATING TOXINS

Candida Glabrata, Babesia Bigemia, Borrelia Bugdorferi, Ehrilichia, Mercury, Pesticides, Liver Flukes, Intestinal Flukes, Ascaris lumbricoides/hookworm

OTHER FACTORS

Your samples were tested against additional factors that may be contributing to stress in the body.

The vertebral report shows areas of energetic imbalance related to the spine.

The dental report shows areas of energetic imbalance related to the teeth.

Your samples were scanned against different types of complementary therapies and modalities that could be beneficial to mitigate stress on and in the body. You may consider incorporating these therapies and practices in your routine alongside your protocol.

VERTEBRAL REPORT

Thoracic 9 – Areas connected: Adrenal and supra adrenal glands. Effects: allergies, hives

DENTAL REPORT

Mandible tooth 21 – Toxicity disturbance: Metals, Mycotoxins, Chemicals

Mandible tooth 25 – Associated vertebrae: Cervical 1, 2; Lumbar 2, 3; Sacrum 3,4,5; coccyx

Mandible tooth 27 – Associated organs & glands: Gallbladder, liver, pancreas, lungs, gonads

Mandible tooth 32 – Occlusal Disturbance: bite irregularity

Maxillary tooth 6 - Associated organs & glands: Gallbladder, liver, heart, Posterior Pituitary

COMPLEMENTARY THERAPIES

Chiropractic Adjustment, EFT Tapping

EMOTIONAL REPORT

Your samples were tested against additional factors that may be contributing to stress in the body.

RESONATING EMOTIONS/CHAKRAS

Abandonment
Inadequacy
Job
Lies

7th Chakra (crown of the head) – universal connection.

Feelings of rage for being overlooked

EMOTIONS AFFECTING CERTAIN SYSTEMS:



Bladder is affected by yearning, Unable to release things or ideas no longer needed, sexual identity going unexpressed



Heart is being affected by feelings of compassion and rejection being blocked, Violating the laws of love; knowingly or unknowingly, Not feeling approval from others



Kidneys are affected by Feeling emotional confusion



Joints are affected by feelings of resentment



Pancreas is affected by feelings of being shamed of something you have done

RESONATING AFFIRMATION

I choose to be part of the solution and not part of the problem.

YOUR PERSONALIZED PROTOCOL

Please note that all the supplements and their dosing instructions were scanned against your samples to ensure they are exactly what your body needs. In case you experience adverse reactions/detox symptoms, please contact us immediately. We recommend beginning taking the supplements within 1 week of your consultation. This protocol is recommended for the following 6-8 weeks.

- For dosing information, please refer to your separate schedule document

ENERGETIC REMEDIES

EnerSync Imprinted Remedy (COMP) 9 drops twice daily / 6 weeks
EnerSync Imprinted Remedy (INFO) 9 drops twice daily / 5 weeks

FOR PARASITES:

Para 1 (Cellcore)
Para 2 (Cellcore)
Para 3 (Cellcore)
Biotoxin Binder (Cellcore)

FOR ADDITIONAL SUPPORT

KL Support (Cellcore)
Lymph 2 Matrix (Physica) - Homeopathic
Vitamin B Coenzyme Complex (Physica)
Thyro LF (Physica)
Multi-Organ Capsules (Perfect Supplements)
GlyReg (Desbio) - Homeopathic

INSTRUCTIONS FOR HOMEOPATHIC/ENERGETIC REMEDIES:

Take suggested drops 20 minutes away from food and mint
Do not put the remedies in contact with stainless steel, metal (plastic and glass is fine)
Shake the remedies at least 10 times prior to each use
The remedies can be mixed together and given at the same time.
For small children you can mix all the drops in one shot glass with a little bit of water or maple syrup and administer with a syringe